



Alcohol, Tobacco and Other Drug Service Directory

2025/26

No Harm, No Discrimination

atdc
Alcohol, Tobacco and other
Drugs Council Tasmania



Face-to-face services

All information is current as of November 2025.

ALCOHOL AND DRUG SERVICES (GOVERNMENT)

Statewide Service

health.tas.gov.au/health-topics/alcohol-and-drugs/alcohol-and-drug-services

1300 139 641

South: Carruthers Building, St Johns Park, New Town
North: 13 Mulgrave St, Launceston
North West: 11 Grove St, Ulverstone

Consultation Liaison Service

This service supports staff across a range of settings by providing expert assessment, information, brief intervention, advice and (where appropriate) shared care in the clinical management of patients. Consultation and liaison services are provided statewide across a range of sectors and settings including acute (hospitals) and primary care (general practice, pharmacy), the homelessness sector, and the justice sector.

Opioid Pharmacotherapy Program

This program provides opioid replacement therapy (medication) and support, from case managers and doctors, for the treatment of opioid dependence. Most clients across the state receive their opioid replacement therapy in community pharmacies, with a small number of clients supported by the specialist pharmacy at ADS South.

Community Teams

The Community Teams provide a range of psychosocial interventions including assessment, brief intervention, relapse prevention, counselling, therapy, key worker/case management, coordination of care, and psychoeducation for individuals, their family/friends/carers, and the community. The team is supported by, and has access to, Addiction Medicine Specialists. The Community Teams are based at the above sites, with some outreach clinics available (contact your local ADS Community Team to enquire about outreach clinic locations).

Smoking Cessation Program

This program offers education and support to health professionals conducting brief smoking / vaping cessation interventions with their patients to help them quit smoking / vaping.

The program also offers a consultation liaison service to more complex patients within the acute care (hospital) sector. These patients can be referred to the service for more intensive advice, support, and counselling.

Inpatient Withdrawal Management Unit

This is a statewide, specialist 9-bed inpatient withdrawal unit. The unit provides medically supported withdrawal from alcohol and / or other drugs as a part of an individual's treatment plan. The unit is based at St Johns Park, New Town, and travel assistance can be provided to support admission.



ADVOCACY TASMANIA

Statewide Service

advocacytasmania.org.au

Free Call: 1800 005 131

Call: (03) 6224 2240

Text: 0457 806 963

PO Box 426 Sandy Bay Tas 7006

Advocacy Tasmania provides statewide advocacy services to Tasmanians who use alcohol, drugs, tobacco or prescription medication. 100% client directed, Advocacy Tasmania helps people understand and exercise their rights and enable their clients to decide what kind of support they want. Every part of Advocacy Tasmania's service is confidential, independent, professional, and free.

Advocacy Tasmania can:

- Help clients access detoxification, rehabilitation, counselling and mental health support
- Enable clients to provide feedback and raise concerns about services attended
- Provide information about pain management options
- Appeal decisions by the Pharmaceutical Services Branch
- Connect clients with other services such as NDIS, Housing, or employment services
- Talk to GPs or pharmacists on their client's behalf.



ANGLICARE TASMANIA

Statewide Service

anglicare-tas.org.au

1800 161 266

159 Collins Street, **Hobart**

436 Main Road, **Glenorchy**

102 Main Street, **Zeihan**

6 Strahan Street, **South Burnie**

122 Elizabeth Street, **Launceston**

31 King Street, **Devonport**

Anglicare Alcohol and Other Drugs Helpline - 1800 161 266

Assisting people to access information or support services for alcohol or drugs, the statewide Anglicare Alcohol and other Drug Helpline can answer questions and give advice on practical next steps. Counsellors are available by phone Monday to Friday, 9am-5pm, to provide support, information, counselling and referral to drug and alcohol services state-wide.

Anglicare Drug and Alcohol Treatment Service (ADATS)

ADATS's professional allied health workers provide tailored treatment designed to support a client living free from substance dependence. Services include screening and brief intervention, counselling, case management and aftercare. This is a free service offered statewide.

Break O'Day Alcohol and other Drugs Service

This service offers support, counselling and practical help if a person is experiencing problems related to their own alcohol and other drugs use or that of someone close to them. This free service is for residents of the Break O'Day municipality and is based at 56 Cecilia Street, St Helens. Home visits are also available.

Care Coordination Service

This free service works alongside individuals with multiple and complex needs providing a central contact point to access all the services the person is involved with. Together with the individual, their care is coordinated by the development of an individual care plan to ensure the most appropriate services are provided. The individual is supported to play an active role in decision-making. The program is for people specifically referred by the government's Alcohol and Drug Service (ADS). Referrals can also come from Youth, Family and Community Connections (YFCC) in Burnie and Devonport. Care Coordination Service is offered statewide.

Family Support Service - North/Northwest

This service can help if an individual is affected by a family member or close friend using alcohol and other drugs. Counselling is offered on the phone or face-to-face, and support can be either long or short-term. Information and community education sessions are also available. Family Support Service is a free service and is offered from Devonport and Launceston.

SMART Recovery Groups – Statewide

Self-Management and Recovery Training (SMART) is a group program offering a supportive environment for people to achieve their goals to change problem behaviours related to alcohol, drug use, gambling, hoarding or other behaviours of concern. Participants can attend face-to-face in the South or via online groups.

SMART Recovery Family and Friends

Being in a close relationship with someone struggling with problem behaviour can be highly stressful. The SMART Family and Friends Program is designed to support people who are struggling with a problem behaviour related to alcohol, drug use, gambling, hoarding or other behaviours of concern. Participants can attend face to face in the north and northwest.

Blood Borne Virus Aware Program - Statewide

BBVAware aims to reduce stigma in the community associated with blood-borne viruses (BBVs) by providing information, front-line staff training and Needle and Syringe Programs.

Kids in Focus

The Kids in Focus program provides support and counselling to families affected by the use of alcohol and other drugs. It supports an individual in making positive changes for themselves and their children. It is a free, confidential and voluntary program, welcoming people who are culturally and linguistically diverse, Aboriginal and Torres Strait Islander communities and all families. This service is offered statewide.

Needle and Syringe Program (NSP)

A confidential, free and friendly service with a range of injecting equipment, disposal facilities and resources for people who inject drugs. Staff can provide brief interventions, referrals, equipment demonstrations and information. The NSPs are located at 159 Collins Street and 436 Main Road, Glenorchy.



BETHLEHEM HOUSE – ST VINCENT de PAUL

Southern Tasmania

bethlehemhouse.org.au

(03) 6234 4594

225 Harrington Street Hobart, Tasmania 7000

Bethlehem House has provided temporary and crisis/transitional housing for men experiencing homelessness for 53 years, evolving to meet the changing needs of disadvantaged communities. Supporting men in achieving their life goals, Bethlehem House assists a wide range of men experiencing homelessness, many of whom have faced challenges such as family and relationship breakdown, mental health issues, dependence on alcohol and/or other substances, and periods of unemployment and/or imprisonment. Alongside a 24-hour support worker staffed site, addiction support, training programs, and housing focus, this service supports men to secure employment and apply for long term housing.

Apply for accommodation: 1800 800 588. Referrals: www.bethlehemhouse.org.au/referrals/

THE CANCER COUNCIL – QUIT TASMANIA

Statewide Service

(03) 6169 1900 | Quitline: 13 78 48

cancertas.org.au | quittas.org.au

PO Box 147, Sandy Bay 7006

15 Princes Street, Sandy Bay

Quit Tasmania, a program of Cancer Council Tasmania, has been leading efforts in tobacco control since 1995 through prevention, support, research and advocacy programs. Quit Tasmania's main functions include:

- Social marketing campaigns to inform people on the dangers of smoking and to encourage quitting.
- Providing information and support by phone through **Quitline** (see *Helpline Services* at the end of this directory).
- Providing resources to the wider community to help eliminate the harms of smoking and vaping.

CIRCULAR HEAD ABORIGINAL CORPORATION (CHAC)

North West Coast

chac.com.au

(03) 6452 1287

10 King Street, Smithton

CHAC's **Alcohol and Other Drug (AOD) Awareness program** delivers education, referral pathways and advocacy to the Aboriginal and Torres Strait community of Circular Head, offering a range of services including harm minimisation advice, AOD case management, care coordination, referral services, educational materials, outreach counselling, transports and advocacy.

Aboriginal people experience disproportionate harm from alcohol and drug use. Their social and emotional wellbeing may be impacted by a range of issues including homelessness, poor education, unemployment, harmful AOD use, and problems arising from grief and loss, trauma and abuse, violence, removal from family, cultural displacement, racism and discrimination. Culture and cultural identity are critical to social and emotional wellbeing. Recognising the importance of connection to land, culture, spirituality, ancestry, family and community, CHAC's AOD program provides a culturally safe, confidential environment aiming to increase awareness of the impacts of AOD dependence. The goal is to keep men, women and young people in the community healthy and safe by collaborating with other services to ensure each client's unique complex needs are supported.



CITY MISSION – LAUNCESTON

North & North West

citymission.org.au

Serenity House:	(03) 6435 4654	122 West Mooreville Rd, Burnie
Missiondale:	(03) 6391 8013	75 Leighlands Rd, Evandale
Orana House:	(03) 6326 6133	156 George Town Road, Newnham

Missiondale Alcohol & Other Drug Residential Rehabilitation and Recovery Program

The Missiondale Therapeutic Community is a 34-bed residential rehabilitation and recovery facility located on a peaceful 25-acre rural property near Evandale, in Northern Tasmania. The program is made up of 6 different stages, taking up to 6 months to complete. Residents of all stages live together in shared accommodation (lounges, kitchens, bathrooms—but with own bedrooms) to support each other through the program.

75 Leighlands Road, Evandale. Tel: (03) 6391 8013. Email: missiondale@citymission.org.au

Serenity House

Serenity House is a Sobering Up and Place of Safety facility located in Burnie, North West Tasmania. It is also a place for 'time-out', offering communal living under the support and supervision of trained staff. Counselling is available through referrals to other agencies with a follow-up when requested. Time-out is available for people from any part of the state where substance use is the primary presenting need for support. Clients from interstate are accepted.

122 West Mooreville Road, Burnie. Tel: (03) 6435 4654. Email: serenity.house@citymission.org.au

Orana House

Orana House provides beds for Sobering Up and Place of Safety for Tasmanians. This facility is in Newnham, Tasmania and is directly on the main bus route with a stop outside the main gate.

156 George Town Road, Newnham. Tel: (03) 6326 6133. Email: orana@citymission.org.au

CORNERSTONE YOUTH SERVICES (INCLUDING HEADSPACE)

North and North West

cornerstoneyouthservices.com.au

(03) 6335 3100

Cnr Wellington and Brisbane Streets, **Launceston**

64 Stewart Street, **Devonport**

Level 1, 10 Mount Street, **Burnie**

Cornerstone Youth Services delivers a range of services to young people aged 12-25 in the North and North West, with a focus on health promotion, prevention, education, early intervention and developing help-seeking behaviours.

headspace (Launceston, Devonport and Burnie) offers people aged 12-25 a welcoming environment where they can access confidential and free mental health support, health advice, and general information. Launceston services include access to free GPs and specialist youth health nurse clinicians, immediate support via intake service, individual and group support and activities, school programs, and advocacy to access many other services.



DRUG EDUCATION NETWORK (DEN)

Statewide Service

den.org.au | code.den.org.au

1300 369 319

57F Brisbane Street Hobart

The Drug Education Network (DEN) provides school education, workforce training, resources and information to help keep Tasmanians safe from harm caused by alcohol, tobacco and other drugs.

School Drug Education

DEN supports school communities through classroom sessions, professional development opportunities and parent symposiums. Working alongside school communities, DEN provides age-appropriate education that supports existing Health and Physical Education (HPE) curriculum. DEN aims to equip young people with the information they need to be safer and make informed decisions about alcohol and other drugs, starting from grade 5, all the way up to university.

Workshops and Training Packages

DEN's workshops and training sessions are designed to provide Tasmanian workplaces and their clients with the information, resources and skills needed to help reduce and prevent harm caused by alcohol, tobacco and other drugs. From Brief Intervention professional development sessions, to teaching more about the effects of drugs, DEN has a range of training packages and workshops available for workplaces, clubs and organisation looking to increase knowledge and skills around alcohol and other drugs.

THE HIVE COUNSELLING

Statewide Service

thehivecounselling.com.au

(03) 6224 1777

127 Davey St Hobart

The Hive Counselling provides specialised, evidence-based therapeutic interventions for children, young people, adults, couples and families aimed at reducing the negative health, social, and economic consequences associated with alcohol or drug use or other challenging behaviour. Programs include:

- **Youth Program:** for 12 - 24-year-olds who are experiencing difficulties related to their use of alcohol or other drugs or other challenging behaviour.
- **Family Support:** for family and friends of someone with addictive or other challenging behaviour.
- **Action:** a program for adults who are seeking help for their alcohol or drug use or other challenging behaviours.
- **Good Vibes:** a music therapy intervention program designed to engage young people at risk of harm from the misuse of alcohol and other drugs or other challenging behaviour.
- **Parent program:** for parents concerned about their children's alcohol or drug use.
- **Be You:** for children 6-12 years who are affected by a family member's addictive or challenging behaviour.
- **Play Talk:** for children up to 6 years of age who are affected by a family member's addictive behaviour.
- **Couples counselling:** The Hive offers specific support for couples affected by addictive behaviour.



THE HOBART CLINIC

Southern Tasmania

thehobartclinic.com.au

(03) 6247 9960

Suite 2, Level 1, 175 Collins Street, Hobart

The Hobart Clinic is Tasmania's leading not-for-profit treatment centre for anxiety and depression, clinical mental health conditions and alcohol and other drug addictions. The Hobart Clinic Mind Hub offers outpatient treatment and a range of day programs including:

- Alcohol & Drug Treatment Program (8 weeks) when available.
- Mindfulness-Based Relapse Prevention (8 weeks) when available.

Patients must have private health insurance or be self-funded.

THE LINK YOUTH HEALTH SERVICE

Southern Tasmania

thelink.org.au

(03) 6231 2927

57 Liverpool Street, Hobart

The Link Youth Health Service includes an **Alcohol, Tobacco and Other Drugs (ATOD) Program** which offers free, confidential supportive health services for youth (12-25 years) experiencing problems associated with ATOD use. These services include counselling, advocacy, prevention and early intervention, harm minimisation, health promotions, brief intervention, outreach services and referrals to other services. The ATOD program also offers information and support for family and friends affected by a young person's ATOD use.

Open Access Area

Young people (12-25) can use a washing machine and dryer, shower, telephone, phone charger and/or Wi-Fi. All services at The Link open access area are free and young people can also have a cooked meal or hot drink, access take-away groceries, toiletries, contraception and sanitary items, or speak to trained and friendly youth health workers about any issues that concern them.

A Centrelink Worker is available on Wednesdays at 1pm and free legal support is available at 1pm on Thursdays.

Young people can apply for help through the Youth Health Fund for costs associated with one-off medical expenses such as prescription costs or support for GP appointments and other medical necessities.

There are free second-hand clothes available, lockers can be accessed, and mail can be sent to The Link for collection.

The Link also runs social groups, such as OutSpace, an LGBTIQ+ peer group that happens once a month.

Needle and Syringe Program (NSP)

This service provides information, clean injecting equipment and disposal facilities.

Level Up

This is a program for young people who are ready to make positive changes in their alcohol and other drugs use.

Headspace (onsite with The Link)

A team of friendly professionals who specialise in mental health-related issues experienced by young people.



MENTAL HEALTH FAMILIES AND FRIENDS TASMANIA

Statewide Service

mhfamiliesfriendstas.org.au

(03) 6228 7448

Ground Floor, 2 Terry Street, Glenorchy

Mental Health Families and Friends Tasmania is funded by the State Government to advocate for the needs of families and friends, and to ensure that those families and friends who are interested, and have the skills, can take part in MHFFT's Family and Friend Representative Program (FFRP).

The FFRP offers mental health and alcohol and other drug (AOD) families and friends the opportunity to participate in government and non-government mental health service planning and to assist in the selection and interviewing of mental health services staff.

MHFFT also engages with families, friends, and mental health and AOD families and friends throughout Tasmania to understand and advocate for their support needs.

PATHWAYS TASMANIA - TRANSFORMATIONS PROGRAM

Statewide Service

pathwaystas.org.au/transformations-2

(03) 6278 1777

1800 879 090

112 Risdon Rd, Moonah

Transformations offers male and female residential drug and alcohol rehabilitation programs in Tasmania, assisting clients in addressing the core reasons behind their addictions.

As part of a nationwide, evidence-based, faith-supporting, peer-to-peer community, Transformations aims to free people from the grip of addiction. The program is built around a residential therapeutic community model, bolstered by individualised case management, group therapy, and an evidence-based psychoeducational curriculum.

Twelve residential beds are available in the men's program, and eight residential beds are available in the women's program.



THE SALVATION ARMY - ALCOHOL AND OTHER DRUGS

Statewide Service

bridgetasmania.org.au

Ulverstone (Bridge Program): (03) 6425 7453

Launceston: (03) 6323 7534

New Town (Bridge Program): (03) 6232 2900

15 Adaihi Street, Ulverstone

111 Elizabeth Street, Launceston

63 Creek Road, New Town

Bridge Program - Residential Rehabilitation (Hobart and Ulverstone)

This is a tailored inpatient residential rehabilitation program offering the most intensive treatment support for participants, and to support participants to enhance their capacity and skills to manage their substance use goals. A range of treatment interventions including tailored non-residential day support programs are also offered. There is a cost involved – please contact the Bridge Program for more details.

Community-based alcohol and other drugs withdrawal service (Hobart only)

A registered nurse works with the Inpatient Withdrawal Unit to help manage safe and comfortable withdrawal in the residential facility. Access is based on an assessment by the Inpatient Withdrawal Unit GP. Referrals can be made by friends, family or individually. There are some costs involved for prescribed medications used.

Counselling

Individual and family counselling is available (at no charge) at the Bridge. Counsellors can meet at suitable places in the community.

Family Programs

Support groups and programs are available for family members of people supporting a loved one with substance use.

Day Programs

Various programs operate from Monday to Friday, including counselling, group work (Foundations Program) and the Getting Smart series. Some of these are on site and others are in community-based settings. Contact the Bridge Program for more information.

Ongoing Support

A flexible package can provide ongoing care for individuals who have completed live-in or day programs. The 'after care', or recovery support is offered for up to 12 months, to encourage independence.

Online Treatment Programs

A 10-module Early Recovery Skills program is available free of charge online at bridgetasmania.org.au.

Needle and Syringe Program (NSP)

Clean injecting equipment and disposal services are available at 111 Elizabeth Street, Launceston.

TASMANIAN ABORIGINAL CENTRE

Statewide Service

tacinc.com.au

Free Call: 1800 132 260

Hobart: (03) 6234 0777

Launceston: (03) 6332 3800

Burnie: (03) 6436 4100

56 Patrick Street, Hobart

182 Charles Street, Launceston

53 Alexander Street, Burnie

The Tasmanian Aboriginal Centre's **Aboriginal Health Service Alcohol and Other Drugs program** is designed to help people struggling with dependencies to live happily without alcohol, tobacco and other drugs, and to help adults, children and families learn more productive ways of coping with life's challenges.

This service is free and confidential.



UNITING VIC.TAS – HOBART CATALYST

Southern Tasmania

unitingvictas.org.au

(03) 6244 1144

2 Swan Street, North Hobart

Uniting Vic.Tas is the community services arm of the Uniting Church, delivering programs across Victoria and Tasmania.

Catalyst

A free, five to six-week non-residential day program for people 18 years and older wanting to make lasting changes to their alcohol or drug use. Catalyst is a post-withdrawal program, meaning all participants will need to either complete a residential withdrawal program the week prior to Catalyst commencing, or engage with workers to demonstrate a period of abstinence.

The program runs Monday to Friday with activities scheduled between 10am and 3pm. The program includes group work, recreational activities, and complementary sessions to help people develop coping skills, maintain motivation, and find a more balanced lifestyle. Most of the program is run by a team of experienced counsellors, who utilise Cognitive Behavioural Therapy (CBT) to assist people to identify and change unhelpful thinking patterns. They have experienced external staff delivering some elective sessions, and several trained consumers who return to share their experiences with the group. In addition, their Peer Support Worker can support people in the lead up to the program, and beyond the program's end.

Catalyst is ideal for people who are post withdrawal and looking to take a break from substance use during the time of the program. Participants will need to be able and willing to engage in group work and in a situation in which they will be able to attend the program daily.

Youth Catalyst

A program for people aged 18–25 to work through individual goals for alcohol or other drug use. The program is free to attend and runs Tuesday–Thursday 10am–3pm, across three weeks. This program has a harm reduction focus.

Referral process for both programs: agency referral, or a person can self-refer.

YOUTH, FAMILY AND COMMUNITY CONNECTIONS (YFCC)

Northwest Coast

yfcc.com.au

(03) 6423 6635

64 Stewart Street, Devonport

129 Wilson Street, Burnie

Outreach Service: All NW Coast including West Coast, Smithton and King Island

Counselling and Case Management Services

YFCC provides a wide range of services to address the needs of community members whose lives are affected by alcohol and other drugs use. Services include early intervention, outreach services, specialist intervention, group work, support and information to families/carers and friends. All services are free and confidential, and are available right across North West Tasmania, including the West Coast and King Island.

Prevention and Education Services

YFCC delivers a range of evidence-based programs and workshops in schools, colleges and community settings. These programs cover a range of drug and alcohol domains and related issues such as vaping, mental health and relationships. YFCC workshops are based on harm minimisation principles and aim to support participants in making informed choices.

Needle and Syringe Program (NSP)

The NSP provides information, clean injecting equipment and disposal services at 62 Stewart Street, Devonport.



Helpline services

ALCOHOL AND DRUG INFORMATION SERVICE

Phone: 1800 811 994

24 hours, 7 days a week

The Alcohol and Drug Information Service is a confidential, non-judgmental telephone counselling, information and referral service for anyone seeking help for their own or another person's alcohol or drug use. ADIS provides information about alcohol and other drugs including written resources, options and referral to appropriate treatment services, as well as further assistance, and the opportunity to concerns with someone who understands and can help.

The service is available 24 hours/7 days a week.

ANGLICARE ALCOHOL AND OTHER DRUGS HELPLINE

Phone: 1800 161 266

9am–5pm Monday–Friday

Assisting people to access information or support services for alcohol or drugs, the Anglicare Alcohol and other Drug Helpline can answer questions and give advice on practical next steps. Counsellors are available by phone Monday to Friday, 9am–5pm, to provide support, information, counselling and referral to drug and alcohol services state-wide.

DRUG AND ALCOHOL CLINICAL ADVISORY SERVICE (DACAS)

Phone: 1800 812 804

24 hours, 7 days a week

The Drug and Alcohol Clinical Advisory Service (DACAS) is a free, 24/7 specialist telephone consultancy service that assists health and welfare professionals in Victoria, Tasmania and the Northern Territory to respond effectively to individuals with alcohol or other drug use problems. All calls to DACAS are initially answered by experienced clinicians from Turning Point. Calls that require specialist medical advice are referred on to DACAS consultants for a secondary consultation. DACAS consultants are experienced addiction medical specialists. All DACAS consultants aim to respond to requests for secondary consultation within one hour, or as soon as possible if the matter is urgent.

FAMILY DRUG SUPPORT

Phone: 1300 368 186

24 hours, 7 days a week

Part of Lifeline, Family Drug Support is a caring, non-religious organisation that provides non-judgemental, non-directive support and information to families and friends of people who use drugs across Australia. Family Drug Support can offer guidance on coping strategies, dealing with conflict, setting boundaries, detox support, and harm reduction.

Their telephone support line is available 24 hours/7 days a week.

QUITLINE

Phone: 13 78 48

8am–8pm Monday–Friday

Quitline is a free, confidential, evidence-based telephone counselling service to help people quit smoking. Part of the Cancer Council's broader Quit Tasmania health service, Quitline is for anyone in Tasmania who smokes, whether they're thinking about quitting, ready to try, or have tried before and want to try again. Quitline also assists community service providers, health professionals, and friends/family seeking resources to support others in quitting.